

4 (1), 118-118

https://doi.org/10.29044/v4i1p118

International Journal of Transactional Analysis Research



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## **Case Study Research: A Primer**

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The focus of this workshop will be on the practicalities of doing case study research on your own clinical practice, covering;

- philosophy and methodology,
- issues of quality and good practice,
- case study research design
- data analysis.

The workshop will be suitable for those interested in learning how case study research can be used to investigate the process and/or outcome of TA in practice.

The workshop will be a combination of didactic presentation and group discussion.

We will refer to my articles in IJTAR, particularly:

Case Study Research Methodology IJTAR 2(1) 25-34

TA Treatment of Depression – A Hermeneutic Single-Case Efficacy Design – Peter IJTAR 3(1) 3-13 plus appendices of working documents/templates

Both of these articles have been included in the delegate pack for the conference and are freely available to access at <u>www.ijtar.org</u>

Possible outcomes of the workshop experiences and discussions will be to:

- Stimulate practitioners to do research
- Help practitioners understand the practical use of research
- Provide a basic understanding of the principles of case study research design
- Provide an understanding of the principles of case study data analysis