



Editorial

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As we end our 13th year of publication, I'm pleased to confirm that 13 is not unlucky for us as we have another great selection of articles to publish.

We have an interesting mix of research and practice – research into teaching music, and into the significant TA concept of autonomy – and practice ideas about using imagination, working with hard and soft contracts, and the impact on professionals of clients who are physically unwell.

We also add two more countries in this issue, so over the 12½ years we have been running, we have reached 26 countries in which our authors have worked - an average of 2 more countries each year - we now have material from Argentina, Australia, Belgium, Brazil, China, Germany, Guatemala, India, Iran, Italy, Netherlands, Poland, Romania, Russia, Serbia, South Africa, Spain, Sweden, Switzerland, Syria, Taiwan, Turkey, Ukraine, United Kingdom, United States of America.

Plus we now have volunteers translating the Abstracts into Bulgarian, Chinese, Czech, Italian, Japanese, Persian, Portuguese, Romanian, Russian, Serbian, and Turkish - and the early issues only of French, German, Spanish (when EATA used to pay translators) - and these are published on <https://taresearch.org>.

For our content this time, we begin with an intriguing research study in Iran. Kianush Habibi describes a small study he conducted on music teachers and their students, where he was able to confirm the hypothesis that student motivation appears to increase when the teacher communicates in ways that manifest as Adult, Nurturing Parent and Free Child ego states.

Next we have two stories from Aruna Gopakumar and Nikita Bandale, in India, demonstrating how re-decision therapy can use the client's imagination and imagery so that the stories clients tell become therapeutic interventions for uncovering unconscious script patterns and, even more importantly, inviting change.

We continue with another interesting invitation from Tony White, in Australia, who is this time prompting us to think about soft and hard contracting and how these create different ambiances and climates for our work, and hence tend to elicit different types of unconscious material.

Our fourth article is another useful contribution from Brazil, translated from Portuguese, in which Tânia Caetano Alves describes a phenomenological study of the impact on health professionals running client support groups for those who are physically unwell – how does TA help practitioners, as well as their clients, function within the health-disease process.

We then have a final article from Turkey, in which Buket Kılıç and Olca Sürgevil summarise a project in which they ended up challenging the TA concept of autonomy. A research study conducted by the first author was set up to investigate how autonomy might be measured and linked to self and manager evaluation of performance. However, they used a translation of an existing questionnaire and were surprised when the statistical analysis of the results showed only two components whereas previous studies by others had indicated four.

So a really interesting range of ideas for you to take into the New Year, which hopefully worldwide will be better than the current year has been for many.