



Editorial

Julie Hay

Once again we are fortunate to have the contrast between quantitative and qualitative research, with much statistical analysis from Danijela Budiša and her colleagues and two more case studies from Mark Widdowson.

In a recent item in *The Psychotherapist*, Andrew Wadge (2012) quotes Bowlby (2005) on the need for both the art and science of psychotherapy. Wadge comments that ". . . we need to be clear when we are behaving as therapists and when we are research scientists . . . As scientists, we exercise a high degree of criticism, challenging data and theories . . . but we seek different qualities in a therapist." (p.15)

Wadge's premise is that we can be both scientist and therapist – and I would say scientist and practitioner because this applies to all fields of TA application. Our two authors in this issue provide us with helpful examples that demonstrate very different ways that we can be scientists about our work as practitioners.

Of particular note this time is that Mark Widdowson has now had published all three of his articles in this series of Hermeneutic Single-Case Efficacy Design Studies. (His first case report appeared in the previous issue of IJTAR). Publication of the third case means that TA can now be considered for recognition as 'possibly efficacious for the treatment of depression'. An extremely exciting development for the TA community!

Along with Roland Johnsson, whose Ph.D. research material appeared in IJTAR 2.2, Mark Widdowson will be a keynote speaker at the forthcoming EATA 2nd TA Research Conference which takes place in the UK November 12-13. Please go to www.taresearch.org for details, booking form and presenter proposal form

Reference

Wadge, A (2012) Struggling the worlds of research and practice – lessons from Bowlby. *The Psychotherapist* 31 15-15