



Volume 4 Issue 1 January 2013

Contents

Editorial - <i>Julie Hay</i>	3
2nd EATA TA Research Conference 2012 – Those involved	4
Conference Programme	9
KEYNOTE: Transactional Analysis Psychotherapy Research: Three Methods describing a TA Group Therapy – <i>Roland Johnsson</i>	11
KEYNOTE: Three Positive Outcome TA Psychotherapy Cases: Hermeneutic Single-Case Efficacy Design Research in Action – <i>Mark Widdowson</i>	26
Drivers and Self Ego States in Social Cognitive TA: a research on drivers as protective strategies – <i>Laura Bastianelli & Davide Cderidono</i>	30
The Development of a Psychodiagnostic Instrument Based on Ego state, Impasse and Drama Triangle Concepts (ZESUI) – <i>Kristina Brajovic Car & Marina Hadzi Pesic</i>	39
Ego States in the therapeutic relationship and pre- to post-treatment change in Self Ego states - <i>Davide Ceridono & Daniela Viale</i>	49
Theory, research, clinical practice and training: a virtuous circle through Social Cognitive Transactional Analysis – <i>Carla de Nitto, Susanna Bianchini & Maria Teresa Tosi</i>	59
TA, relationship with one's own learning process and strategic studying – <i>Cesare Fregola & Adele Iozzelli</i>	67
The mutually beneficial process of research and practical work - <i>Roland Johnsson</i>	80
The effects and effectiveness of being trained in Transactional Analysis. An empirical study - <i>Rosa Nowak</i>	81

Mastering 'The Tolstoy Effect': a research exercise in linguistic philosophy – <i>Susannah Temple</i>	85
Two studies on the effectiveness of Transactional Analysis Psychotherapy in an inpatient setting – <i>Moniek Thunnissen</i>	99
A Social-Cognitive Definition of Ego States to Implement TA Research - <i>Maria Teresa Tosi, Carla de Nitto & Susanna Bianchini</i>	107
Routine Outcomes Evaluation in Psychotherapy and Counselling within a Research Clinic - Outcomes and Reflection - <i>Biljana van Rijn & Ciara Wild – paper removed at request of author</i>	113
Case Study Research: A Primer – <i>Mark Widdowson</i>	118
Perceptions of Psychotherapy Trainees of Psychotherapy Research – <i>Mark Widdowson</i>	119
Surfacing the Organisation-in-the-mind – <i>Sandra Wilson</i>	122
Speaker Details	130
Sponsor Announcements	133

Note: because several of the papers were provided by those whose first language is not English, there are some references that use the male pronoun to mean he/she, him/her etc. Rather than conduct extensive editing work, we ask readers to interpret these in the way they are intended, as referring to humans of any gender or sexual orientation.

IJTAR is published under the auspices of EATA - the European Association of Transactional Analysis, established in Switzerland, www.eatanews.org/ Office address: Silvanerweg 8, 78464 Konstanz, GERMANY

ISSN 2218-159