

Volume 5 Issue 1 January 2014

Contents

Editorial <i>Julie Hay</i>	2
A Thematic Analysis of Preferences of Young People using Online Support to Discuss Suicide Ideation - UK Sally Evans	3
An Analysis of Working Styles in Different Professions in Russia Dmitry Kasyanov	9
Application of Redecision Therapy in Executive Coaching Workshops: Part 1 – the Workshop <i>Mil Rosseau, Rik Rosseau & Mark Widdowson</i>	15
Application of Redecision Therapy in Executive Coaching Workshops: Part 2: - A Qualitative Exploration of Participants' Changes <i>Mark Widdowson & Mil Rosseau</i>	19