



Editorial

Julie Hay

The most personally enjoyable part of my role as Editor is the international contact it provides. The published list before this issue includes Austria, Belgium (on TA work in 19 countries across Europe, Asia, Africa and the Middle East) China, Germany, Italy, Macedonia, the Netherlands, Romania, Russia, Serbia, Sweden and the UK.

And now we can add Germany (again), Switzerland, Spain (compared to UK), plus two more UK papers including one that involved 83 adjudicators in Italy.

For our next issue, we are currently reviewing studies and hope to extend our coverage to Brazil and South Africa.

We also continue our wide range of aspects being researched, with papers in this issue relating to:

- A series of three linked research studies in Germany into the impact on participants of in-company TA-based coaching, the links with empowerment within the company, and the key elements associated with the effectiveness of the coaching;
- Coping styles and support needs of male partners of alcoholics in Switzerland, linked to TA concepts;
- Development and investigation of an evaluation method for measuring routine outcomes of TA psychotherapy within an academically-oriented training institute setting in the UK and private practice in Spain;
- Results of TA psychotherapy for combat veterans with PTSD within a residential facility in the UK, showing positive 'reliable change' on global distress, depression and anxiety in short-term and long-term treatment groups;

- IJTAR's first pragmatic adjudicated case study, showing a 'good outcome' evaluation for the effectiveness of TA psychotherapy for depression with comorbid anxiety.

We also have the first of what I hope will become many book reviews – this time of Cathy McQuaid's research into the TA counselling and psychotherapy training process in the UK and how it impacts on students. This book summarises the key findings in a way that serves as guidance for students – in the next IJTAR issue we expect to have a paper that presents the research method and results.

New Administrative Editor – Wendy Moore

I am delighted to announce that IJTAR has a new Administrative Editor – Wendy Moore. Wendy is (what I regard with great relief as) an expert in understanding technical issues about internet hosting, formatting our journal issues, and getting IJTAR listed in databases.

Wendy is initially concentrating on ensuring our online procedures are working effectively, and has already stimulated our hosting service to upgrade the software used when she queried the lack of functionality in some areas.

She has handled the formatting of this issue so some of our authors and reviewers have already had contact with her. I will continue to liaise with authors about the content of their papers and Wendy will deal with the technicalities of production, including the review processes.

My email address is now Editor@ijtar.org; Wendy can be contacted directly on AdminEditor@ijtar.org.