



Editorial

Julie Hay

I am delighted that we now have the third paper in the series about the redecision-based workshops run by Mil and Rik Rosseau as part of an executive coaching programme (see IJTAR 5: 1 for parts 1 and 2) – and they have teamed up with Peter Theuns to handle the statistics and with Mark Widdowson who has so much experience of case study research – so now we have some hard data about the impact of the training on the psychological wellbeing of the participants.

Next we have a great contrast – an investigation to identify patterns of injunctions and personality types as they relate to the self-destructive behaviours exhibited by alcohol-dependent out-patient clients in Russia.

Following this is a review of the impact on a counselling team of organisational changes made within a hospice in the UK. Although a small study, it generates some interesting ideas about the application of several TA concepts and invites us to consider whether the team are paralleling the clients in some way.

Our fourth paper is a survey of transactional analysis therapists in the UK, indicating how they view their professional identities – and particularly how they relate to the various schools of TA, and how integrative they believe themselves to be.

Request for help with research

IJTAR has an associated website at www.taresearch.org where we operate a (fledgling) research exchange designed so that researchers can invite involvement in their projects. The site also contains the IJTAR Abstracts – in English, French, Italian, Spanish and German – with Russian due to follow soon thanks to a volunteer.

We have just received our first request for help – so in addition to having it on the website, I am including it in my Editorial. Please respond to the researcher if you can, and please consider whether you too might want to submit a request for involvement with your own research.

From Emma Haynes

I am a transactional analysis psychotherapist studying for a PhD at The University of Salford, United Kingdom. My research is on TA psychotherapy as a suitable treatment option for perinatal psychological distress (which I define as depression, stress, and/or anxiety). I am looking for TA psychotherapists who work with women suffering from any of these three conditions who might want to become part of my research. I need a maximum of 15 women participants (clients) who have had TA psychotherapy or who are in the process of, or about to begin, who would be willing to be interviewed by me at the end of their therapy.

Your participation would require you to propose my research to your clients and to give the relevant paperwork to those clients who have expressed an interest in participating. Your work with your client should not change in any way. Also, your client's confidentiality is paramount, and the only person who would know that you are working with her would be me because I will perform the interview with your client. All data I collect from your client will be anonymized to ensure confidentiality. The interview is not designed to be onerous and should take around 1-1.5 hours.

At present, it seems that few psychotherapists see this particular client group, and there is no research at present on TA as a suitable treatment option. There is also little research, per se, about this condition, so my project will help to enhance our knowledge of the condition as well as to address the gap in TA research.

If you are willing to be a part of this research, please contact me: Emma Haynes, by email at emmafhaynes@aol.com or by phone at (+44) 07771 518699.