# Editorial

## Julie Hay

We are now into our 8th year and we have a new name! We have added Practice!

And in this issue we reflect that, with a research paper, three practice reflections, and a book review.

We begin with a substantial offering from Norbert Nagel, Joachim König, Sebastian Ottmann and Annika Hahnle, who describe for us how the German Transactional Analysis Association (DGTA) have developed a scientifically-based online evaluation system of transactional analysis training.

They start with a literature review that takes us through the history of evaluation and the identification of competencies related to teaching, before describing how they identified the particular competencies that relate to transactional analysis teaching.

The Data Entry form they have developed is included as an Appendix, and is followed by a second Appendix that gives details of the through statistical analyses that were conducted to check out the robustness of their conclusions.

Next we have a therapist's reflection by Silvia Baba Neal, on her work with a client with dismissive attachment style. Silvia describes how she applied relational transactional analysis, through cycles of rupture and repair. Research was run alongside this case, with routine measurements and a case evaluation process but the emphasis for this paper is on the therapist's awareness of the process and her learning from it.

We continue with two papers by Valerie Perret, both translated and reproduced here with permission from Actualités en analyse transactionelle, where they appeared originally in French.

The first of these is a reflection on the application of the 'self in relationship' model (Erskine & Trautmann, 1997) with a client with avoidant attachment style. As in the previous article by Baba Neal, Perret provides a reflective account of her process with the client.

This is followed by her second translated paper, which is about shame – with a strong element of personal experience, especially during her transactional analysis training. Having set the scene, she continues with a theoretical overview before describing the eight relational needs proposed by Erskine, Morsund & Trautmann (1999) and how these relate to the provision of supervision.

Finally, we have a book review, by Günther Mohr, of research by Maia Mäder into the competencies in the training of transactional analysts and the role of self-experience activities. An interesting contrast with the first item in this issue.

I have enjoyed working with a wider range of content and hope that you, like me, will appreciate the additional insights that come from reflective case studies.

And I look forward to your contributions in the future, now that IJTARP content includes practice as well as research.

## References

Erskine, Richard (1994) Shame and Self-Righteousness: Transactional Analysis Perspectives and Clinical Interventions *Transactional Analysis Journal* 24:2 86-102

Erskine R.G., Moursund J.P. & Trautmann R.L., (1999) *Beyond empathy* New York: Taylor & Francis